



# THE BRITISH WAY OF LIFE



## Chapter 1: Basics

<b>Before we start</b>	How to read this guide Tools and skills you need Some important words
<b>Your new home</b>	The United Kingdom UK cities The British weather Local knowledge
<b>Language</b>	Different languages within the UK Regional accents Improving your English Filling in forms
<b>Customs</b>	Polite ways of speaking Body language Greeting people Group etiquette and good manners Tolerance of differences
<b>Money</b>	Coins and notes Change and tips

## Chapter 2: Local Information

<b>Provisions and supplies</b>	Shopping for what you need Places to eat Other places to get quick food Getting the things you like Where to shop cheaply
<b>Accommodation</b>	Places to stay for a short time Renting a room, apartment or house House-sharing Ethnic minority communities
<b>Public transport</b>	Buses and coaches Trains, trams and the Underground Taxis and private hire cars Paying the fare Cheaper fares
<b>Facilities</b>	Public libraries Leisure and community centres Public toilets (WCs) Postal services Mobile phones and networks Wi-Fi and internet access
<b>Religious practice</b>	Religious communities Places of worship Festivals and holy days Prayers and rituals Help with religious needs Diet, dress and grooming

## Chapter 3: Staying Safe and Legal

<b>Documentation</b>	Passports and identity cards Visas Police registration Licences
<b>Social conduct</b>	Rubbish and recycling Clothing and public decency Social mixing Gambling and betting Bringing up children Pets and other animals
<b>Drugs and the law</b>	Drinking alcohol Smoking tobacco Controlled substances
<b>Safety at home</b>	Infection and infestation Fire and electrical safety Gas and boiler safety Security
<b>Safety outdoors</b>	Road safety Pickpockets Bag snatchers and muggers Racism
<b>The emergency services</b>	Telephone numbers Police Fire and Rescue Rescue in the mountains or at sea Ambulance and first aid Hoax calls

## Chapter 4: Health and Hygiene

<b>Home hygiene</b>	Treatment of body infestations Food storage Correct disposal of rubbish Pest control
<b>Nutrition and the NHS</b>	Nutrition Contagion and immunisation Treating yourself for minor illness
<b>Local medical services</b>	Pharmacies General practitioners Walk-in centres and minor Injury units Prescriptions Dental and optical treatment
<b>Specialist treatment</b>	NHS hospitals Accident and Emergency Alternatives to A & E Private hospitals and clinics Hospital inpatients and outpatients

## Chapter 5: Making a Living

<b>Steps to citizenship</b>	Your immigration status and rights Extending or switching visas English language testing The Life in the United Kingdom test Settlement Naturalisation and citizenship
<b>Finding work</b>	Preparation and CVs Job agencies Local advertising Other places to look for jobs Universal Jobmatch Jobcentre Plus
<b>Benefits</b>	What benefits do you qualify for? Applying for benefits Universal Credit
<b>Banking and money management</b>	Account providers and accounts Choosing and opening an account Debit cards and ATM Deposits and direct debits Understanding bank statements Saving money and budgeting Sending money overseas

## Chapter 6: A Better Life

<b>Entertainment and culture</b>	Entertainment at home Public houses and bars Cinema, theatre and festivals Museums, galleries, exhibits and art Watching and playing sport
<b>Your own transport</b>	From public to private transport Driving a car Lessons and the test Insurance, tax and MOT
<b>Holidays and travel</b>	Public and bank holidays Holiday entitlement at work Exploring the United Kingdom Overseas holidays Airports and air travel
<b>Children and schooling</b>	Childminding and pre-school The British school system Choosing a school
<b>Further education</b>	Part-time courses Full-time training Fees
<b>The right to vote</b>	The British government and taxes British political parties Qualifying to vote Registration and procedure

- The **most comprehensive program** to help new arrivals understand the British Way of Life
- **FREE** for everybody
- Full human **English speech** throughout
- **Google Translate** on all pages optionally
- Over **400 pages** of useful knowledge
- **Full glossary** to help with words and phrases
- Fun **quizzes** after each topic to help recall
- **Links** to many useful websites including government and NHS
- Contains all the basic facts and information needed to help users **succeed in British life**

